



PUBLIC RELEASE FOR NSLP - FREE AND REDUCED PRICED MEALS

EXPLORE ACADEMY - Updated 2023-2024

Explore Academy announces its policy for free and reduced price meals for children unable to pay the full price of meals served under the National School Lunch Program (NSLP). The included household size and income criteria will be used for eligibility. Children from households whose income is at or below the levels in the chart are eligible for free/reduced price meals.

| INCOME ELIGIBILITY GUIDELINES | | | | | | | | | | | | |
|--|----------------------------|-----------------------------|---------|-----------------|-----------------|--------|--------------------|---------|-----------------|-----------------|--------|--|
| Effective from July 1, 2023 to June 30, 2024 | | | | | | | | | | | | |
| HOUSEHOLD SIZE | FEDERAL POVERTY GUIDELINES | REDUCED PRICE MEALS - 185 % | | | | | FREE MEALS - 130 % | | | | | |
| | ANNUAL | ANNUAL | MONTHLY | TWICE PER MONTH | EVERY TWO WEEKS | WEEKLY | ANNUAL | MONTHLY | TWICE PER MONTH | EVERY TWO WEEKS | WEEKLY | |
| 48 CONTIGUOUS STATES, DISTRICT OF COLUMBIA, GUAM, AND TERRITORIES | | | | | | | | | | | | |
| 1 | 14,580 | 26,973 | 2,248 | 1,124 | 1,038 | 519 | 18,954 | 1,580 | 790 | 729 | 365 | |
| 2 | 19,720 | 36,482 | 3,041 | 1,521 | 1,404 | 702 | 25,636 | 2,137 | 1,069 | 986 | 493 | |
| 3 | 24,860 | 45,991 | 3,833 | 1,917 | 1,769 | 885 | 32,318 | 2,694 | 1,347 | 1,243 | 622 | |
| 4 | 30,000 | 55,500 | 4,625 | 2,313 | 2,135 | 1,068 | 39,000 | 3,250 | 1,625 | 1,500 | 750 | |
| 5 | 35,140 | 65,009 | 5,418 | 2,709 | 2,501 | 1,251 | 45,682 | 3,807 | 1,904 | 1,757 | 879 | |
| 6 | 40,280 | 74,518 | 6,210 | 3,105 | 2,867 | 1,434 | 52,364 | 4,364 | 2,182 | 2,014 | 1,007 | |
| 7 | 45,420 | 84,027 | 7,003 | 3,502 | 3,232 | 1,616 | 59,046 | 4,921 | 2,461 | 2,271 | 1,136 | |
| 8 | 50,560 | 93,536 | 7,795 | 3,898 | 3,598 | 1,799 | 65,728 | 5,478 | 2,739 | 2,528 | 1,264 | |
| For each add'l family member, add | 5,140 | 9,509 | 793 | 397 | 366 | 183 | 6,682 | 557 | 279 | 257 | 129 | |
| ALASKA | | | | | | | | | | | | |
| 1 | 18,210 | 33,689 | 2,808 | 1,404 | 1,296 | 648 | 23,673 | 1,973 | 987 | 911 | 456 | |
| 2 | 24,640 | 45,584 | 3,799 | 1,900 | 1,754 | 877 | 32,032 | 2,670 | 1,335 | 1,232 | 616 | |
| 3 | 31,070 | 57,480 | 4,790 | 2,395 | 2,211 | 1,106 | 40,391 | 3,366 | 1,683 | 1,554 | 777 | |
| 4 | 37,500 | 69,375 | 5,782 | 2,891 | 2,669 | 1,335 | 48,750 | 4,063 | 2,032 | 1,875 | 938 | |
| 5 | 43,930 | 81,271 | 6,773 | 3,387 | 3,126 | 1,563 | 57,109 | 4,760 | 2,380 | 2,197 | 1,099 | |
| 6 | 50,360 | 93,166 | 7,764 | 3,882 | 3,584 | 1,792 | 65,468 | 5,456 | 2,728 | 2,516 | 1,259 | |
| 7 | 56,790 | 105,062 | 8,756 | 4,378 | 4,041 | 2,021 | 73,827 | 6,153 | 3,077 | 2,840 | 1,420 | |
| 8 | 63,220 | 116,957 | 9,747 | 4,874 | 4,499 | 2,250 | 82,186 | 6,849 | 3,425 | 3,161 | 1,581 | |
| For each add'l family member, add | 6,430 | 11,896 | 992 | 496 | 458 | 229 | 8,359 | 697 | 349 | 322 | 161 | |
| HAWAII | | | | | | | | | | | | |
| 1 | 16,770 | 31,025 | 2,586 | 1,293 | 1,194 | 597 | 21,801 | 1,817 | 909 | 839 | 420 | |
| 2 | 22,680 | 41,958 | 3,497 | 1,749 | 1,614 | 807 | 29,484 | 2,457 | 1,229 | 1,134 | 567 | |
| 3 | 28,590 | 52,892 | 4,408 | 2,204 | 2,035 | 1,018 | 37,167 | 3,098 | 1,549 | 1,430 | 715 | |
| 4 | 34,500 | 63,825 | 5,319 | 2,660 | 2,455 | 1,228 | 44,850 | 3,738 | 1,869 | 1,725 | 863 | |
| 5 | 40,410 | 74,759 | 6,230 | 3,115 | 2,876 | 1,438 | 52,533 | 4,378 | 2,189 | 2,021 | 1,011 | |
| 6 | 46,320 | 85,692 | 7,141 | 3,571 | 3,296 | 1,648 | 60,216 | 5,018 | 2,509 | 2,316 | 1,158 | |
| 7 | 52,230 | 96,626 | 8,053 | 4,027 | 3,717 | 1,859 | 67,899 | 5,659 | 2,830 | 2,612 | 1,306 | |
| 8 | 58,140 | 107,559 | 8,964 | 4,482 | 4,137 | 2,069 | 75,582 | 6,299 | 3,150 | 2,907 | 1,454 | |
| For each add'l family member, add | 5,910 | 10,934 | 912 | 456 | 421 | 211 | 7,683 | 641 | 321 | 296 | 148 | |

Updated: 02/09/2023

- **Where do I apply?** After Jul 1, 2023 information will be sent to enrolled families regarding completing the application online.
- **Do I need to fill out an application for each child?** No. Use one (1) application for all students in your household.
- **Who can get free meals?** Children in households getting Food Stamps or FDPIR and most foster children can get free meals regardless of income. Children can get free meals if your household income is within the free limits on the federal income chart.
- **Can homeless, runaway, and migrant children get free meals?** Submit an application.
- **Who can get reduced price meals?** Children can get low cost meals if your household income is within the reduced price limits of the federal income chart.
- **We get WIC. Can my child(ren) get free meals?** Children in households participating in WIC may be eligible for free or reduced price meals. Submit an application.
- **Will the information I give be checked?** Yes, we may ask you to send written proof.

- **If I don't qualify now, may I apply later?** Yes. You may apply at any time during the school year if your household size goes up, income goes down, or if you start getting Food Stamps, FDPIR, or other benefits. If you lose your job, your children may be able to get free or reduced price meals.
- **What if I disagree with the school's decision about my application?** Request a meeting with school administration.
- **May I apply if someone in my household is not a U.S. citizen?** Yes. You or your child(ren) do not have to be U.S. citizens to qualify.
- **Who should I include as members of my household?** You must include all people living in your household, related or not (such as grandparents, other relatives, or friends). You must include yourself and all children who live with you.
- **What if my income is not always the same?** List the amount that you normally get. For example, if you normally get \$1000 each month, but you missed some work last month and only got \$900, put down that you get \$1000 per month. If you normally get overtime, include it, but not if you get it only sometimes.
- **We are in the military; do we include our housing allowance as income?** If your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. All other allowances must be included in your gross income. If you have other questions or need help, contact administration.

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